



A DAY IN THE LIFE

Kindergarten

WELCOME TO KINDERGARTEN!

BUILDING A LIFELONG LOVE OF LEARNING.



Our kindergarten program encourages and supports children's social, emotional, physical and intellectual development. Children are involved in daily learning experiences with speaking, reading, writing, mathematics, social sciences, science, technology, health, music, movement, and art.

Click on the link below for an overview of the FCPS Kindergarten program.

<https://www.fcps.edu/academics/elementary-school-academics-k-6/kindergarten>

DAILY SCHEDULE



Arrival/News Show
Morning Meeting
Morning Recess
Language Arts
Lunch
Quiet time/HAWK time

Math Block/Calendar
Afternoon Recess
Free Choice Centers
Snack
Specials
Closing/Dismissal



MORNING MEETING

Morning meeting is a fun and friendly way to get each day started. This is a time for greeting each other, sharing, learning about our day, and making connections with peers. Morning meeting is a big component for creating a classroom community and it helps to reinforce positive interactions and build relationships.



RECESS



Each day we have two 15 minute recesses. One in the morning and one in the afternoon. This is an unstructured time of play for students to interact with other students across their grade level.



LANGUAGE ARTS



The Kindergarten Language Arts program provides students with experiences in listening, speaking, reading, and writing. These domains are fundamental in supporting students as they become successful communicators, thinkers, readers, and writers.

Fairfax County Public Schools uses a balanced literacy approach at the elementary level that includes a **reading workshop**, **writing workshop**, a balance of **direct instruction**, **guided practice**, and **independent practice**. Organizing the language arts portion of the school day into reading and writing workshops allows teachers to **differentiate instruction** for a **range of learners** and focus on the authentic actions of readers and writers.



SOCIAL STUDIES

The FCPS standards for kindergarten students include an introduction to selected Americans in history whose lives demonstrated patriotism, courage, and kindness. During their first year in school, students should learn basic concepts related to history, patriotism, national symbols, good citizenship, geographic location, economics, and the importance of following rules and respecting the rights and property of other people.



SCIENCE

The Fairfax County Public Schools Elementary Science Program consists of inquiry based units where students can have hands-on experiences to better understand science concepts. Students are provided opportunities to apply this knowledge to solve problems and understand the nature of science in our world.

CAFETERIA-LUNCH



Lunch is an enjoyable part of the school day for students. It offers a break from classroom work and a place to relax, socialize, and become nourished. Children have the option of buying lunch or bringing lunch from home. Each class has a set time for lunch and it lasts for 30 minutes.

QUIET TIME

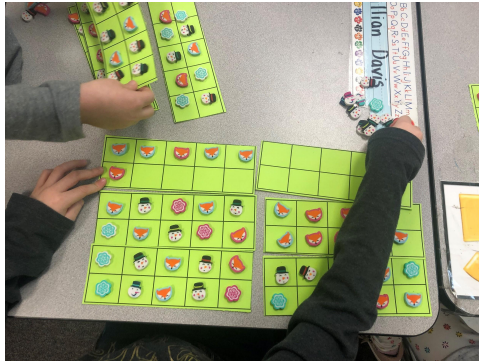
During quiet time, children choose to rest or do a quiet activity. During this time children can read a book, finish unfinished work, or rest their brain. They can also listen to a story read by a teacher.



MATH



Encourages children to demonstrate mathematical understanding by using real objects as they discuss, investigate, question, and verify. While learning mathematics, students will be actively engaged, using concrete materials and appropriate technologies to facilitate problem solving.



CENTERS

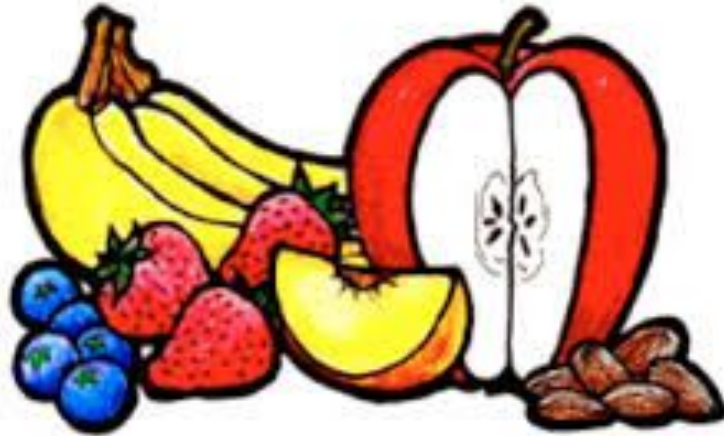


Structured play time in the classroom. Students are given the opportunity to work with others. It encourages students to use social, and emotional skills, such as sharing, taking turns, and cooperative play.



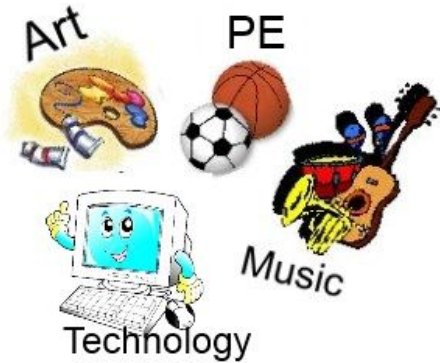
SNACK

Students will need a snack sent in with them everyday. The snack should be a healthy snack.



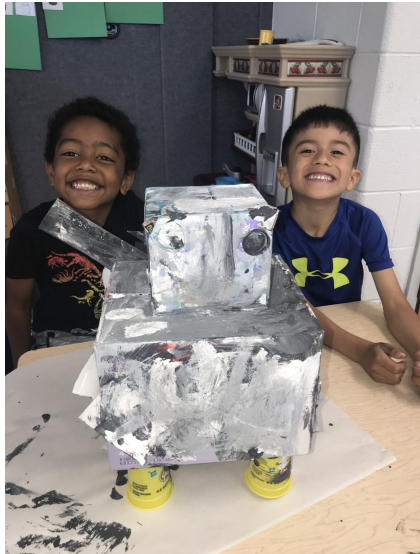
SPECIALS

The students will participate in Art, STEM, PE, Music, Technology and Library. Specials are an hour each day.



PROJECT BASED LEARNING (PBL)

Project Based Learning (PBL) is a teaching method in which students learn by actively engaging in real-world and personally meaningful projects. In Kindergarten we complete a recycling PBL project.



FIELD TRIPS AND CLASS ACTIVITIES

Kindergarten has two field trips throughout the year. The students also engage in various class activities such as pumpkin carving, the 100th day of school and holiday celebrations.



WHAT CAN YOU DO THIS SUMMER?

PRACTICE IMPORTANT SELF-HELP SKILLS

1. Cleaning own personal space
2. Opening/closing backpack/lunchbox
3. Shoelaces, buttons, zippers, snaps (shoes, coats)
4. Opening snacks, juice boxes
5. Hygiene - Coughing and nose blowing
6. Bathroom Routines



PRACTICE SOCIAL/EMOTIONAL SKILLS

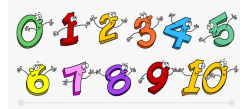
1. Practice taking turns and sharing (play a game)
2. Practice following 2-3 step directions
3. Use words to express needs and feelings



PRACTICE LETTERS AND NUMBERS



1. Write your first name and say the letters
2. Recognize letters of the alphabet
3. Count to 10
4. Write numbers to 10



Online Resources:

www.starfall.com

www.abcya.com