

Hayfield School Counseling Program

2020-2021 School Year



Kindergarten Counselor: Mrs. Smith

Email: eesmith@fcps.edu

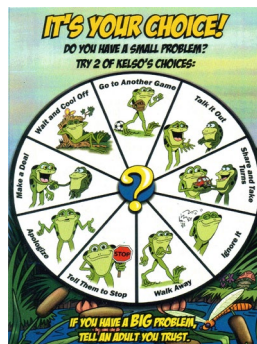
Part- time Counselor: Mrs. Lee

Email: ntlee@fcps.edu

<https://www.fcps.edu/resources/student-safety-and-wellness/school-counseling-services>

Welcome to Hayfield! As professional school counselors, we are an integral part of the total school program, providing direct assistance to students, parents, and educational staff to promote a positive school environment. This is accomplished through strategies that influence the academic, social, emotional, and developmental needs of students. Student counseling (individually or in small groups), parent and staff consultation, and classroom guidance instruction are interventions used to promote positive adjustment and to assist in maximizing each student's potential. We utilize many different resources including videos, puppets, books, and activities to help students learn to recognize feelings and understand that all feelings are okay, but it is how we respond to those feelings that is important. We also use Kelso's Choices to teach students the different between big and small problems and the strategies for how to deal with small problems.

The counselors help students through individual, small group, and classroom guidance.



Individual Counseling

Students may meet with the counselor to discuss academic, social, or emotional concerns on a one-on-one basis by referral. We attempt to avoid scheduling students during academic conflicts.

Group Counseling

Students meet with peers experiencing similar concerns or academic issues in order to learn effective strategies. Students are referred by parents or teachers. We attempt to avoid scheduling groups during academic times.

Classroom Guidance

All students receive monthly classroom guidance lessons to discuss character issues such as honesty, trustworthiness, bullying, friendship skills, and respect.



How Students Can Be Referred to the School Counselor:

Parent Referral

Any time during the school year, a parent may contact the school counselor in order to refer his/her child for counseling services.

Teacher Referral

Teachers may refer students who have been approved by parents for counseling services, in order to address any concerns that are hindering success in the classroom.

Student Self - Referral

Students may ask to see the school counselor at any time to discuss concerns by asking their teachers or stopping by the counseling office. If the student is in any danger or brings us a concern that needs parental involvement, we will contact parents the same day.

Please contact us with any questions about our program, we are happy to speak with you and excited to meet our new Hawks!